

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Herbert Abel Mokgala

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 03:09:46

**PACE** 03:57/km

**OVERALL** 19 of 421

**GENDER** 19 of 366

**40+** 3 of 111

26 October 2019, Sat

Date



BoutTime

Signature